

## St Catharines Forklift Training Programs

St Catharines Forklift Training Programs - Are you looking for work as a driver of a forklift? Our regulatory-compliant mobile equipment operator training offers instruction in kinds of forklifts, pre-shift check, fuel kinds and handling of fuels, and safe utilization of a forklift. Hands-on, practical training helps individuals participating in obtaining essential operational skills. Course content comprises current rules governing the use of lift trucks. Our proven forklift courses are intended to offer training on these kinds of trucks: counterbalanced forklift, powered pallet trucks and narrow aisle forklift.

### How to Handle Loads Safely

Do not lower or raise the fork when the lift truck is traveling. A load should not extend above the backrest because of the possibility of the load sliding back in the direction of the operator. Inspect for overhead obstacles and make certain there is plenty of clearance before raising a load. Stay away from overhead power lines. Once the load is raised straight up, tilt it slightly back.

When the load is raised the forklift will be less steady. Make sure that no pedestrians cross underneath the elevated fork. The operator should not leave the lift truck while the load is raised.

The forks must be level when handling pallets, and high enough to extend all the way into and underneath the load. The fork's width must provide even distribution of weight.

Set the brakes and chock the wheels prior to loading and unloading the truck. The floors should be strong enough to support the combined weight of the forklift and its load. Fixed jacks can be installed in order to support a semi-trailer which is not attached to a tractor. The height of the entrance door should clear the forklift height by at least 5 cm. Edges of ramps, docks and rail cars should be marked and avoid them.

Do not stay in a forklift for a long time without proper ventilation. The interior of the truck should be well lighted and free of loose objects, obstructions and trash. Inspect for holes in the floor. The installation of material that are non-slip on the floor would help avoid slipping. Clear whatever obstructions from docks and dockplates and ensure surfaces are not wet or oily.

Never push or tow other vehicles making use of a lift truck.